

### Knowledge and Compassion Focused on You

## When words and actions matter most: The Case for CANDOR

#### **Timothy B McDonald, MD**

Director, Center for Open and Honest Communication in Healthcare MedStar Health, Institute for Quality and Safety, Washington DC Professor, Loyola University School of Law, Chicago Beazley Institute for Health Law and Policy

#### No conflicts



#### **Objectives**

By the end of the presentation the participants will be able to:

- 1. List the benefits of a comprehensive response to patient harm that includes open and honest communication.
- 2. Describe the importance of a proactive "care for the caregiver" program in maintaining staff engagement and wellness.
- 3. Understand the benefits that accrue from a Just Culture and Human Factors based approach to unexpected patient harm events.

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# Goals of a Communication and Optimal Resolution [CANDOR] Process

- Reduce harm thru transparency and learning
- Reduce legal involvement through early, effective communication with all parties
- Resolve inappropriate care cases early, efficiently
- Support patient and family engagement
- Support care professionals following harm events

### **Malizzo Family Video**



#### The path from 1982 to the Malizzo family



#### **Overview of Patient Safety**



April 22, 1982 ABC 20/20 show: "The Deep Sleep – 6,000 will die or suffer brain damage...from carelessness"

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April 22, 1982 ABC 20/20 show: "The Deep Sleep – 6,000 will die or suffer brain damage...from carelessness"

"If you are going to go into anesthesia, you are going on a long trip and you should not do it, if you can avoid it in any way. General anesthesia is safe most of the time, but there are dangers from human error, carelessness and a critical shortage of anesthesiologists. This year, 6,000 patients will die or suffer brain damage. . . . . The people you have just seen are tragic victims of a danger they never knew existed—mistakes in administering anesthesia."



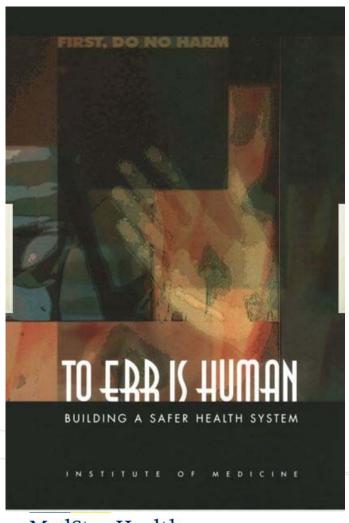
- April, 1982 ABC 20/20 show: "The Deep Sleep" 6,000 will die or suffer brain damage...from carelessness
- 1983 ASA Committee on Patient Safety and Risk Management created – closed claims analysis
- 1984 Anesthesia Patient Safety Foundation

- Following the Human Factors Analysis of Harm Events along with closed-claims analysis and the redesign of care delivery
- 1982 to the present:

- Following the Human Factors Analysis of Harm Events
- 1986 New Monitoring Standards Initiated
- Anesthesia Mortality Risk
  - 1982 1:2000
  - -2012-1:400,000
  - Substantial reduction in patients and families seeking legal action

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  - Why?





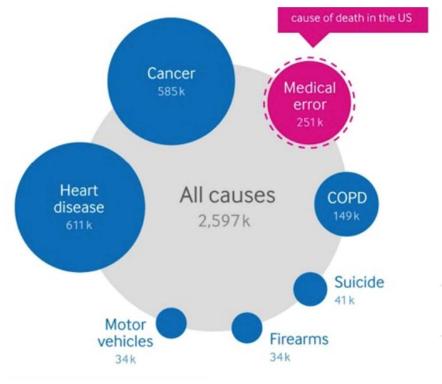
Institute of Medicine: 1999 report that started the patient safety movement

MedStar Health
Institute for Quality and Safety

# The Problem: restated Makary and Daniel *BMJ 2016; 352:i2139*

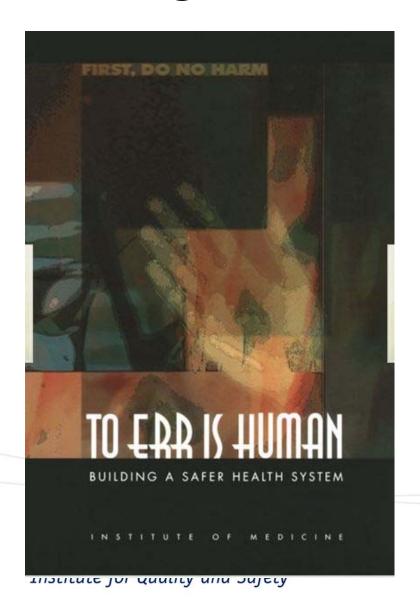
# Researchers: Medical errors now third leading cause of death in United States

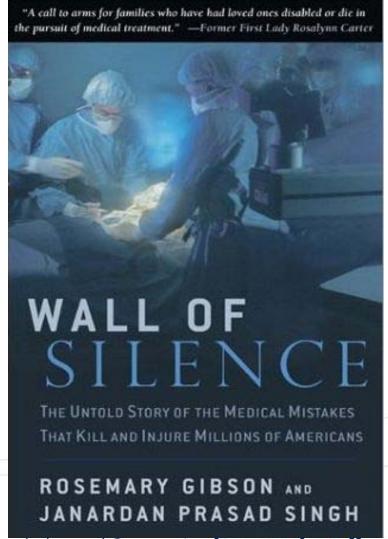






### Making matters worse





Knowledge and Compassion Focused on You

# Part of the patient safety problem HealthAffairs

February 2012, Volume 31, Issue 2

Survey Shows That At Least Some
Physicians Are Not Always Open Or Honest
With Patients

Lisa I. lezzoni<sup>1</sup>,\*, Sowmya R. Rao<sup>2</sup>, Catherine M. DesRoches<sup>3</sup>, Christine Vogeli<sup>4</sup> and Eric G. Campbell<sup>5</sup>

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Institute for Quality and Safety

## Legal community perception of Health Affairs article

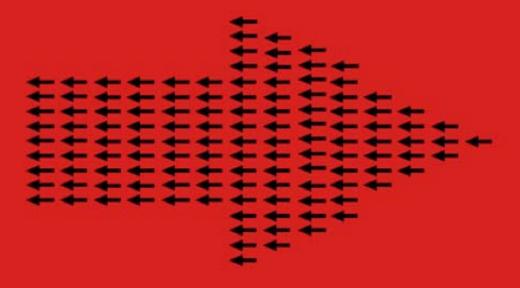
### Alan D. Bell Attorney at Law

Certified by the Supreme Court of New Jersey as a Civil Trial Attorney

# Study says your doctor may not always tell you the whole truth



### Culture eats strategy for breakfast



### Until 2003 we had a sturdy wall of silence

- COO of sister hospital
- Came to the University for plastic surgery
- Abnormal WBC count missed



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- We said nothing to fiance or other family members
- We litigated for years, paid millions, learned little



Barriers

Benefits



#### What about CANDOR

- Barriers
  - Lack of skill
  - Loss of job
  - Reputation
  - "Shame and blame"
  - Loss of control
  - Loss of license, <u>deportation</u>
  - Fear of lawyers, legal system
  - Non-standard process
  - Money

#### Benefits

- Maintain trust
- Learn from mistakes
- Improve patient safety
- Employee morale
- Psychological well-being
- Accountability
- Money
- Less legal involvement

# So, how did we shatter the wall of silence?



### 2005 Leaders at the University approved:

Comprehensive "communication- resolution" program to prevent and respond to harm – a CANDOR process

- Created urgency
- Comprehensive with leadership and stakeholder buy-in
- Integrate safety, risk, quality, credentialing, claims and the Office of Business and Finance
- Linking transparency to learning: patient safety education plan
- Agreement to shift the paradigm for response to harm
- Started small
- Celebrated wins
- Continuous Rapid Process Improvement



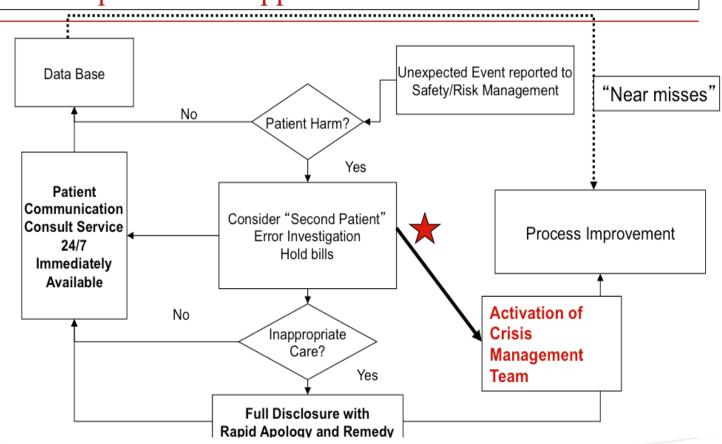
# Changes needed to our response to harm in 1999



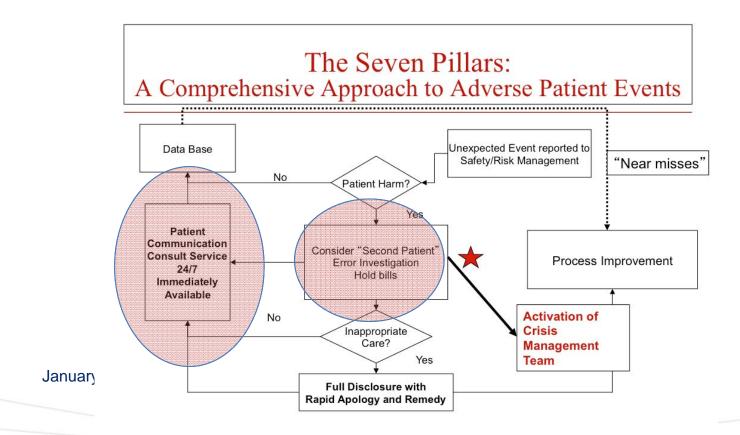


Paradigm Shift	Traditional Response	Communication and Optimal Resolution (CANDOR ) Process
Incident reporting by clinicians	Delayed, often absent	Immediate
Communication with patient, family	Deny/defend	Transparent, ongoing
Event analysis	Physician, nurse are root cause	Focus on Just Culture, system, human factors
Quality improvement	Provider training	Drive value through system solutions, disseminated learning
Financial resolution	Only if family prevails on a malpractice claim	Proactively address patient/family needs
Care for the caregivers	None	Offered immediately
Patient, family involvement	Little to none	Extensive and ongoing  Introduction 6

## The Seven Pillars: A Comprehensive Approach to Adverse Patient Events

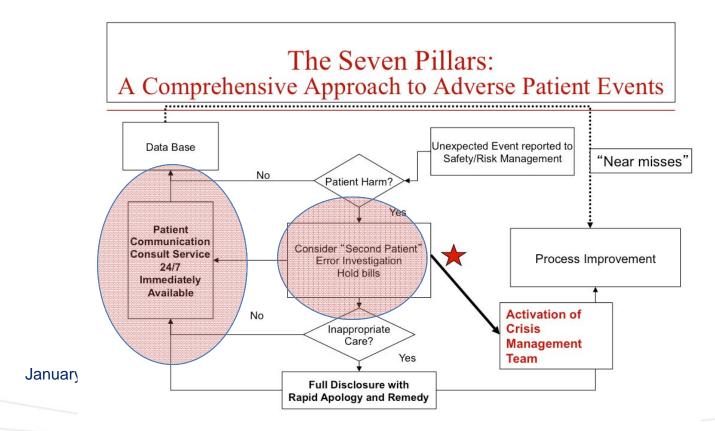


# When words and actions matter most – pillar 3 - communication





# When words and actions matter most – step three – <u>communication</u> – with patients and families AND with clinicians involved in event





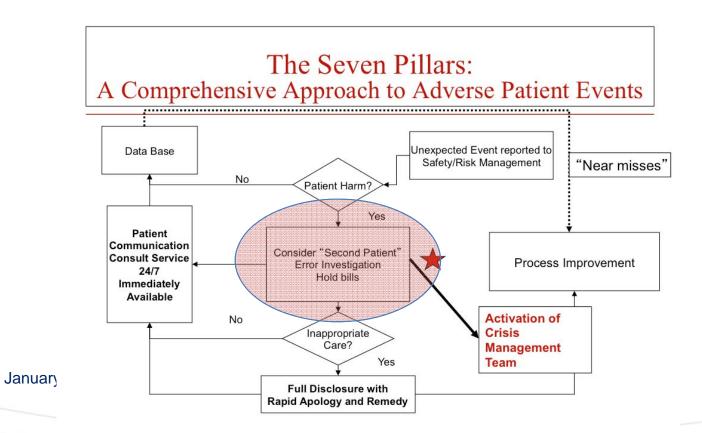
### **Empathic communication**



### Care for the caregiver



# When words and actions matter most – step five - learning and improving





### **Need for CFC program**



### What I Learned About Adverse Events From Captain Sully It's Not What You Think

MP Steigler, JAMA, 2015;313(4): 361-62.

"The well-being of physicians is directly tied to the well-being of their patients"







### Care for the caregiver

 West CP, Hushchka MM, Novotny, PJ et al. Association of Perceived Medical Errors With Resident Distress and Empathy. A Prospective Longitudinal Study. JAMA. 2006; 296:1071-1078;



# Association of perceived medical errors with resident distress and empathy: a prospective longitudinal study

"Self-perceived medical errors are common among internal medicine residents and are associated with substantial personal distress. Personal distress and decreased empathy are associated with increased odds of future errors...reciprocal cycle."



## **Safety Attitudes**

"The single greatest impediment to error prevention in the medical industry is that we punish people for making mistakes."

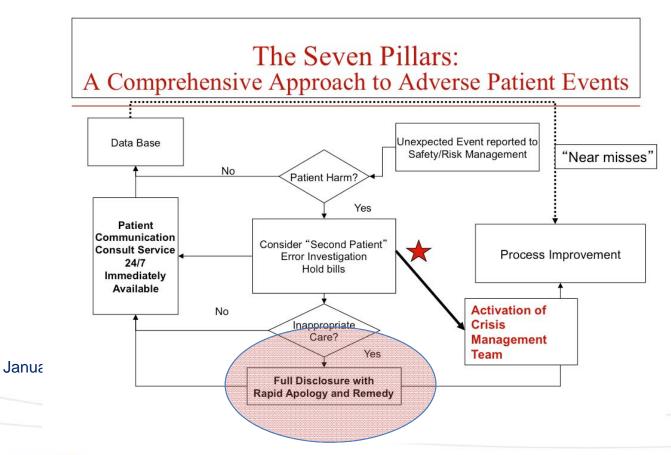
> --Dr. Lucian Leape, Professor, Harvard School of Public Health Testimony to congress

"Fallibility is part of the human condition. We cannot change the human condition. But we can change the conditions under which people work"

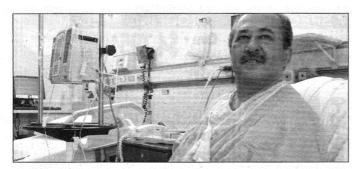
--James Reason, Ph. D.



# When words and actions matter most – final step - resolution



## **Resolution beyond money**



Marco Kuyachich recovers from transplant surgery Monday at Northwestern Memorial Hospital. He received the kidney after the death of a family friend.

MICHAEL MCARDLE ~POST-TRIBUNE

## Death gives new life to friend

**ORGAN DONOR** | Daughter dies in surgery, dad offers kidney to pal

BY PIET LEVY

Post-Tribune

In death, Michelle Ballog has given new life to a family friend in need of a second chance.

On Sunday, Ballog's kidney was given to Lake County (Ind.) Police Chief Marco Kuyachich, who has been awaiting a tranplant for two years. Ballog, 39, was the daughter of former Hobart Mayor Robert Malizzo.

"She was always there to

help everyone," Malizzo said. "Even in her death, she wanted to help, and that's why she's a donor."

Ballog, who had two daughters, died during liver surgery

Saturday at the University of Illinois Medical Center.

Despite his grief, Malizzo remembered his friend Kuyachich needed a kidney. So, he called him.

"Sometimes there's a bright



Michelle Ballog

side out of a bad situation," Malizzo said.
"My daughter gave [Kuyachich] the gift of life. What greater gift can you give anyone?"

Kuyachich said: "I'm hoping others

will learn from this and follow her lead. You don't realize how much you can do for others until you have it done to you."

Comment at suntimes.com.



# Process improvements following Michelle's case

- Immediate change in anesthesia coverage from complex sedation cases.
- Instituted use of capnography for all applicable sedation cases.
- Worked with the American Society of Anesthesiologists to establish capnography as a new standard for sedation cases.
- Worked with Accreditation organizations such as The Joint Commission to build capnography into the accreditation standards.

## 13 years of data



## **Proof of concept**



#### Health Services Research

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DOI: 10.1111/1475-6773.12548

SPECIAL ISSUE: PATIENT SAFETY & MEDICAL LIABILITY

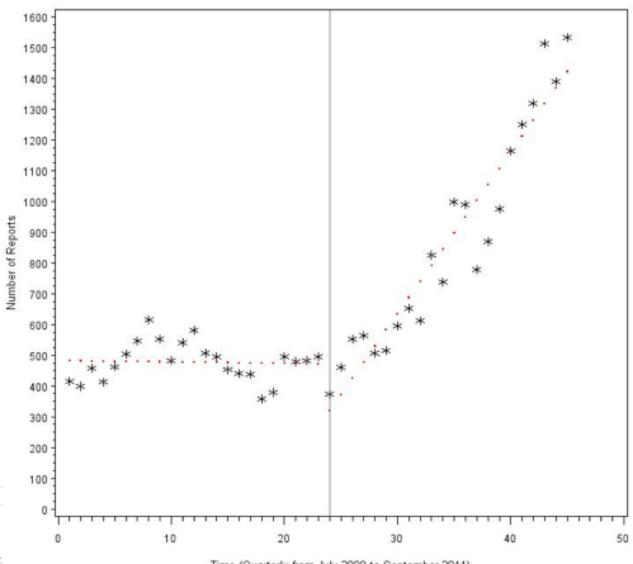
## The "Seven Pillars" Response to Patient Safety Incidents: Effects on Medical Liability Processes and Outcomes

Bruce L. Lambert, Nichola M. Centomani, Kelly M. Smith, Lorens A. Helmchen, Dulal K. Bhaumik, Yash J. Jalundhwala, and Timothy B. McDonald



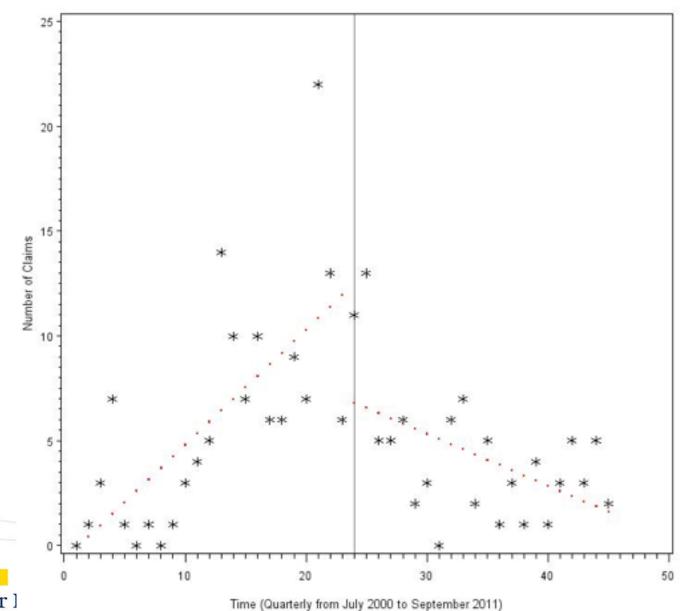
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## Effect of 7P on Adverse Event Reports University of Illinois Hospital and Health Sciences System



#### Effect of 7P on Claims

University of Illinois Hospital and Health Sciences System



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#### Premiums over time

## Effects of Seven Pillars "Communication and Resolution" or "MEDIC" Program on Self Insurance Plan





### Balance in self-insurance fund



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### Other critical data

- Statistically significant reduction in tests associated with defensive medicine
- Time to resolution reduced more than 60%
  - Care for caregiver impact is significant



## **AHRQ Research Grants**



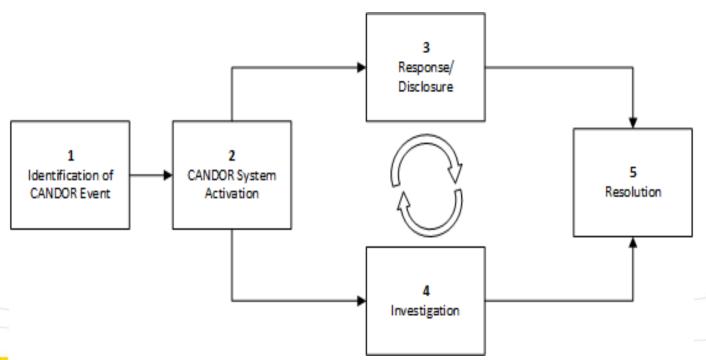
## **AHRQ Research Grants**

- Agency for Healthcare Research and Quality
- Task Order to create a CANDOR Toolkit
- Toolkit released, May, 2016
  - Organizational assessment tools
  - Event reporting
  - Event analysis HF and process redesign
  - Communication training
  - Care for the Caregiver program implementation guide
  - Optimal Resolution tools
  - Patient and Family Partnership and Engagement



# The Communication and Optimal Resolution: CANDOR Process

The CANDOR Process consists of five major "bundles" of activity that proceed in sequence and at times simultaneously.



## Work with Kettering

- Communication workshop Jan 18,19
- Event analysis, cognitive interviewing, PI Feb
- Resolution March
- Putting it all together April

January 20, 2017 51



### **Questions**



