# **2017 UPDATE**

**INFECTION PREVENTION and CONTROL** 

## ISOLATION PRECAUTIONS & BLOODBORNE PATHOGENS

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# \*Which pathogen causes the most serious hospital assoc'd infections?

- A. MRSA (methicillin resistant Staph aureus)
- B. VRE (vancomycin resistant Enterococcus)
- C. CDIFF (Clostridium difficile)
- D. ESBL (extended spectrum beta lactamase bacteria)
- E. CRE (carbapenem resistant enteric bacteria)

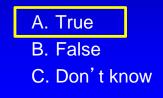
# Infections in the NEWS...

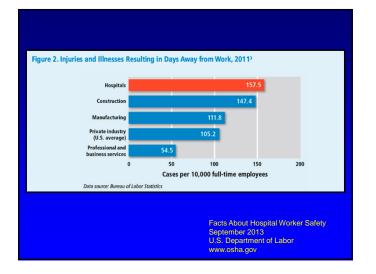


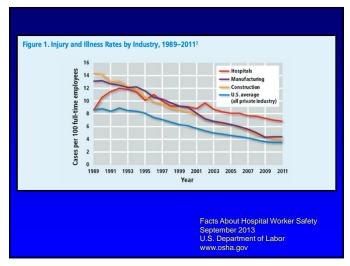
\*Cases of nonfatal occupational injury and illness in healthcare workers are among the highest of any industry sector.

- A. True
- B. False
- C. Don't know

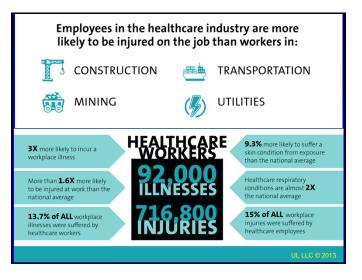
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# 1996 CDC ISOLATION GUIDELINES **STANDARD PRECAUTIONS**

Reduce risk to HCP & patients of transmissible infectious agents.

Apply to any healthcare encounter:

- -blood
- -body fluids
- -secretions
- -excretions (except sweat)
- -nonintact skin
- -mucous membranes



The Centers for Disease Control & Prevention says

"the most common mode of transmission of pathogens is via the hands"



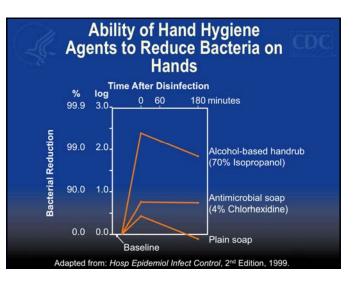
# \*What is the most important reason for healthcare workers to practice good hand hygiene?

- 1. To remove visible soiling from hands
- 2. To prevent transfer of bacteria from patient to physician
- 3. To prevent infections that patients can acquire in the hospital
- 4. To prevent bacterial colonization of the hands of physicians

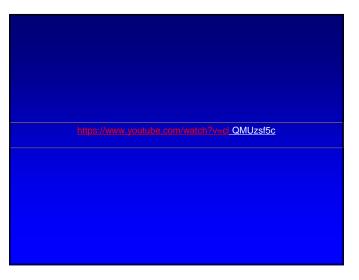
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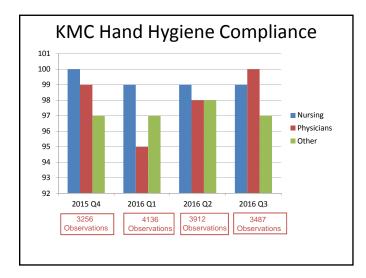
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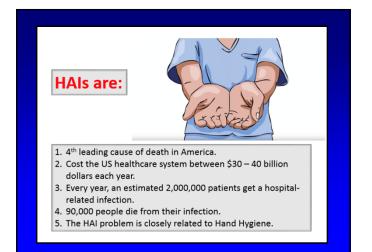




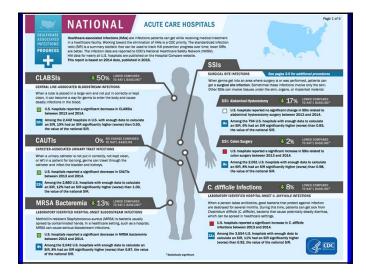




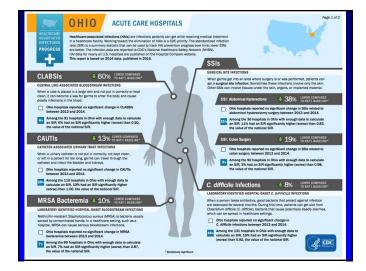








SOCIATED FECTIONS He	UTE CARE HOSPITALS althcare-associated infection (HAI) data give healthcare facilities an blic health agencies knowledge to design, implement, and evaluate I prevention efforts.		<ul> <li>2014 NM progress Report: www.cdc.gov/hal/progress-report/</li> <li>NHSh: www.cdc.gov/hal</li> <li>Proverting NMs: www.cdc.gov/hal</li> </ul>			
LEGEND	HAI TYPE	# OF U.S. HOSPITALS THAT REPORTED DATA TO CDC'S NHSN, 2014*	2014 NATL SIR VS. 2013 Net'l SIR	2014 NAT'L SIR VS. Nat'i Baseline <sup>‡</sup>	2014 NAT'L SIR	
CA Nut'ISR is activity lever (botter) comparison group again a 2024 Nut'i organia 2024 Nut'i organed to group turni header is not activity significant C24 Nut'ISR is activity significant comparison group in oothern header	CLABSI Nat'l Baseline: 2008	3,655	1 ar	son.	0.50	
	CAUTI Nat1 Baseline: 2009	3,791	🐥 5%	0%	1.00	
	SSI, Abdominal Hysterectomy Nat'l Baseline: 2008	3,225	<b>∛</b> 5%	17%	0.83	
	SSI, Colon Surgery Nat'l Baseline: 2008	3,377	<b>1</b> 5%	4 2%	0.98	
	MRSA Bacteremia Nat'i Baseline: 2011	3,949	🕀 4%	I 13%	0.87	
	C. difficile Infections Nat'l Baseline: 2011	3,994	4%	🐥 8%	0.92	
WHAT DOES THE	<sup>IN</sup> NETI baseline time period varies by HAI by STANDARDIZED INFECTION RATIO . SIR IS:	urinary cathetars, or do not perform colon pe. See first column of this table for specific	er abdominal hysterectomy surgeries. 15.		a pointe, refer to the technical data tables.	
		e were about the same number of pared to the national baseline.	f infections reported in the nat	ion in 2014		
		e was a decrease in the number pared to the national baseline.	of infections reported in the na	tion in 2014	C/ CD	



ASSOCIATED	ACUTE CARE HOSPITALS Healthcare-associated infection () give healthcare facilities and publi agencies knowledge to design, im and evaluate HAI prevention effor	(Al) data ic health plement, Ohio	NVSK www.cole.govy/ninn     NVSK www.cole.govy/nin     NVSK www.cole.govy/nin     NVSK www.cole.govy/nin/NVSK www.cole.govy/NVSK www.cole.govy/NVSK www.cole.govy/NVSK www.cole.govy/nin/NVSK www.cole.govy/nin/NVSK www.cole.govy/nin/NVSK www.cole.govy/nin/NVSK www.cole.govy/NVSK www.cole.govy/NVSK www.cole.govy					
	HAITYPE	# OF OHIO HOSPITALS THAT REPORTED DATA TO CDC'S NHSN, 2014* Total Hospitals in Ohio: 186	2014 STATE SIR VS. 2013 State SIR	2014 STATE SIR VS. 2014 Nat'i SiR	2014 STATE SIR VS. Nat'l Baseline <sup>‡</sup>	2014 STATE SIR	2014 NAT'L SIR	
2014 state SIR is significantly lower (better) than comparison group in column header	CLABSI Nat'l Baseline: 2008	137	IV 4%	<b>4</b> 20%	<b>60%</b>	0.40	0.50	
Change in 2014 state SIR compared to group in column header is not satistically significant assistically significant 2014 state SIR is significantly higher (worse) than comparison group in columnose	CAUTI Nat'i Baseline: 2009	136	🖓 5%	🕂 13%	🕂 13%	0.87	1.00	
	SSI, Abdominal Hysterectomy Nat'l Baseline: 2008	128	🖓 3%	J 26%	🕀 38%	0.62	0.83	
	SSI, Colon Surgery Nat'l Baseline: 2008	129	J- 12%	18%	- 19%	0.81	0.98	
	MRSA Bacteremia Net'i Baseline: 2011	140	合 7%	合 4%	10%	0.90	0.87	
2014 state SIR cannot be calculated	C. difficile infections Nat'l Baseline: 2011	139	0%	<b>☆</b> <1%	🖶 8%	0.92	0.92	
WHAT IS THE ST/	The ember of hospitals that reported to a some hospitals to are use centred to a "Not'l baseline time period varies by HM by ANDARDIZED INFECTION RATIO infection ratio (SIR) is a summary of ck HM prevention progress over tim	untary catheters, or do not perform colo a. See first column of this table for speci 27 WHAT I: fatistic that Proventio	tes. S OHIO DOING TO P on efforts to reduce sp	REVENT HEALTHCA	RE-ASSOCIATED INF			
are better. The SIR factors that might o such as hospital si	for a facility or state is adjusted to cause infection rates to be higher ze, teaching status, the type of pat id surgery and patient characterist	account for Catt or lower, Catt ients a Sun ics. Mult	tral line-associated blo heter-associated urinar goal site infections tidrug-resistant infection g term care facilities	y tract infections	<ul> <li>Targeted Asse</li> <li>For prevention eff</li> </ul>	vardship issment for Preventi ort details, see gloss		



Personal protective equipment

Work practice controls

Engineering controls

Housekeeping controls

# PERSONAL PROTECTIVE EQUIPMENT



gloves gowns masks goggles face shields shoe covers hair covers CPR resuscitator masks

# Gowns



- Gowns are single use only.
- Dispose of in appropriate container.
- To remove, grasp around top and pull off turning inside out as it is removed so your clothing doesn't become contaminated.

# Gloves

- Are single-use only.
- Must fit properly and cover wrist.
- Change gloves and wash hands if going from a dirty to a clean activity.
- Remove by grasping at wrist and turn inside out.
- Discard in regular trash, or in biohazard trash (red bag) if appropriate.
- Wash hands after gloves are removed.

# WORK PRACTICE CONTROLS



Handle sharps with care

### Practice good hygiene

-avoid splashing potentially infectious fluids
-keep food/beverages away from patient areas
-wash hands frequently
-change white coat or scrubs if soiled

# ENGINEERING CONTROLS

... are designed to eliminate hazards at the source.



# **Sharps Safety**

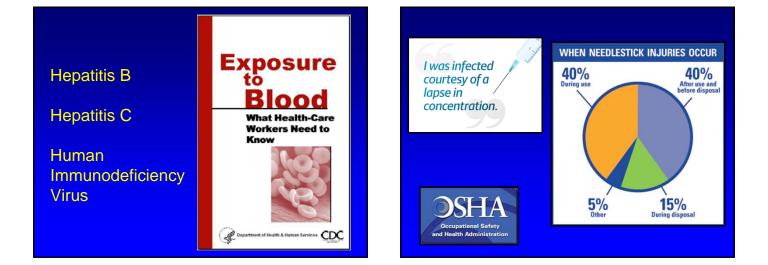


- Use sharps containers.
- Do not overfill containers.
- Do not recap needles.
- Use forceps to remove needle from syringe.
- Do not bend, break, cut or manipulate sharps.
- Never handle broken glass--use forceps, or a dust pan and broom...

# HOUSEKEEPING CONTROLS



- Do not push trash down in to container with your hands or feet.
- Do not over fill trash containers.
- Hold trash away from your body when transporting.
- Discard all infectious waste in biohazard containers.
- Decontaminate work surfaces with an appropriate disinfectant.



# Risk of Infection following exposure:

1-43%

1-6%

# HBV (30%)

Percutaneous Mucocutaneous

# HCV (3%)

Percutaneous Mucocutaneous

# HIV (0.3%)

Percutaneous Mucocutaneous 0.3% < 0.1%

0.3-1.8%

unknown (very small)

# Document the

Injury...



- Report immediately for evaluation and testing to: Employee Health or Emergency Department
- EARLY PEP most effective!

# **PEP Recommended:**



### HBV

- If source HBsAg+ and HCP HBsAb <10 mIU/mL
- use of HBIG and/or HBV vaccine

### HCV

- followup HCV testing
- No current recommendations for prophylaxis with immune globulin or antiviral agents

### HIV

- 4weeks antiretroviral drug protocol
- consider possible HIV resistance of source

# **PEP FOLLOWUP**

### HCP to report:

- Any PEP medication side effects
- Signs or symptoms of possible acute HIV infection within 12 weeks of exposure

### **Recommended laboratory testing:**

- Anti-HIV at baseline, 6 weeks, 3 months, and 6 months (for all HIV-exposed HCP)
- CBC, renal & hepatic panels at baseline and 2 weeks to monitor for toxicity

# TRANSMISSION BASED PRECAUTIONS



# Case 1



What's wrong with her?

# Droplet Transmission



Droplets are generated by talking, coughing, and sneezing.

Microorganisms in droplets (10um) are propelled a short distance through the air and deposited on conjunctiva, nose, and mouth mucosa.

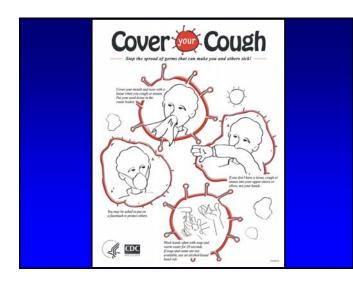


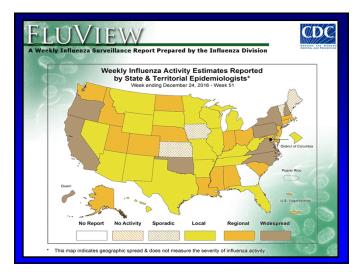
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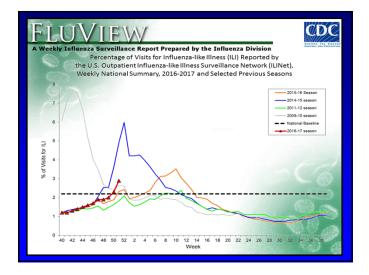
- A. Use of dedicated patient equipment is recommended
- B. PPE requires mask when entering room
- C. Room door must remain closed
- D. PPE includes gown and gloves only if potential contact with secretions or possible contaminated environment

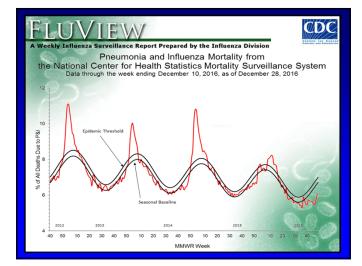
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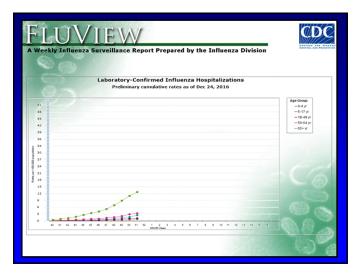
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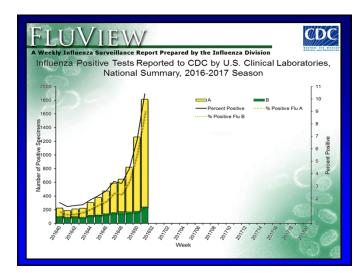


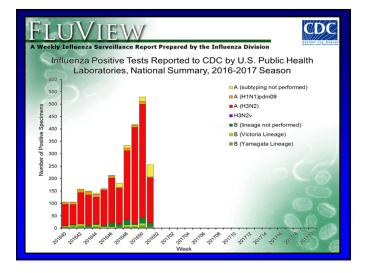












Virus	Positive Percentage (%)	# samples positive	
Adenovirus	1.5		
Bocavirus	0.5	1	
Coronavirus	8.5	17	
Enterovirus	5.0	10	
Metapneumovirus	0.0	0	
Influenza A	3.0	6	
Influenza A – H1N1-09	0.0	0	
Influenza B	0.0	0	
Parainfluenza	4.0	8	
RSV	7.0	14	
Rhinovirus	5.0	10	

1/9/2009

# Case 2

A 80 yo smoker presented to KMC with 6 months worsening dyspnea, cough with frequent hemoptysis, night sweats, poor appetite, and 20lb weight loss. You are the on call physician for admission.

CXR: Apical lung infiltrate. LABS: CBC & CHEM pending.

What infection control measures should you consider when admitting this patient?

# Airborne Transmission



•Microbes eg, AFB in small droplet nuclei (<5um) or dust particles.

Dispersed widely by air currents and remain suspended for prolonged periods of time.
Requires special PPE respiratory protection.
Requires special air handling and ventilation: negative pressure room or portable HEPA filter

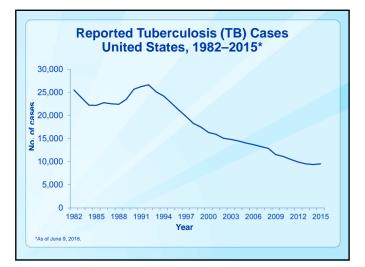


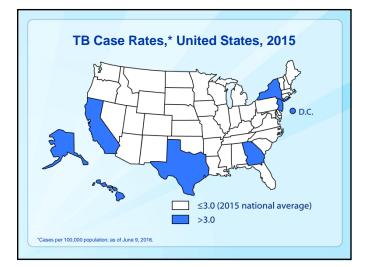
# \*Airborne Precautions include all of the following <u>except</u>:

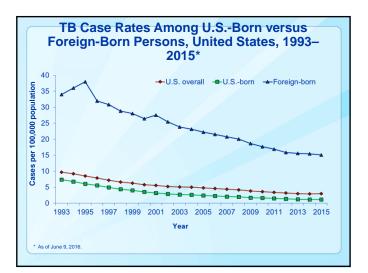
- A. Negative pressure room with door closed
- B. No PAPR or N-95 mask for immune HCP with disseminated Zoster (shingles) patient
- C. PAPR or N-95 mask for immune HCP with suspected or confirmed primary Varicella (chickenpox) patient
- D. PAPR or N-95 mask for HCP with any suspected or confirmed TB patient

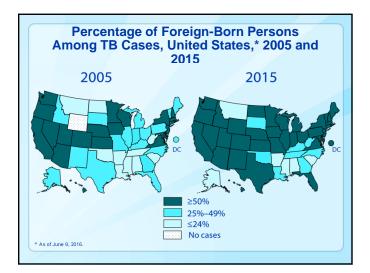
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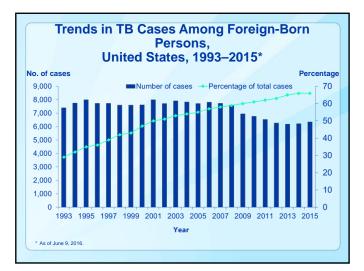
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- D. PAPR or N-95 mask if available for HCP with any suspected/confirmed TB patient











# Case 3

- A 25M presented to ED for extremely painful swollen red forearm with fever 101.5F and suspected abscess with purulent drainage. Patient was admitted for I&D.
- When questioned, he admitted to IVDA with progressive symptoms over several days at most recent injection site. What antibiotic coverage is needed pending cultures?

What if any isolation is indicated?

# Contact Transmission

### Direct:

Between body surfaces resulting in transfer of microorganisms

### Indirect:

Between a susceptible host and a contaminated intermediate object



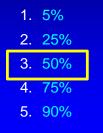


# At KMC/SMC, what percentage of <u>Staph aureus</u> isolates are MRSA?

- 1. <5%
- 2. 25%
- 3. 50%
- 4. 75%
- 5. 90%



# At KMC/SMC, what percentage of Staph aureus isolates are MRSA?





### Colonized or Infected: What is the Difference?

- People who carry bacteria without evidence of infection (fever, increased white blood cell count) are <u>colonized</u>
- If an infection develops, it is usually from bacteria that colonize patients
- Bacteria that colonize patients can be transmitted from one patient to another by the hands of healthcare workers
- \* Bacteria can be transmitted even if the patient is not infected

### Why is Staph aureus so important?

2nd most common cause of HAIs reported to NHSN CNS (15%), *Staph aureus* (14%)

Most common cause of SSIs (30%) and VAPs (24%)

MRSA first identified in the 1960s in hospitalized patients

MRSA has become a predominant cause of *S. aureus* infections in both healthcare and community settings

 Primarily due to transmission of relatively few ancestral clones rather than the de novo development of methicillin- resistance among susceptible strains

### **Recent estimates:**

- 49-65% of S. aureus HAIs reported to NHSN are caused by MRSA
- 86% of all invasive MRSA infections are healthcare-associated

Hidron et al. Infect Control Hosp Epidemiol 2008;29:996-1011 Klevens et al. JAMA 2007;298:1763-71

### Why is the Emergence of MRSA so important?

- MRSA treatment options limited
   increased morbidity & mortality
- Antibiotic misuse can spread resistance

   prevalent MRSA >> more vancomycin use >> more vancomycin resistance (VRE and VRSA) >> more linezolid/daptomycin use >> more resistance
- Preventing MRSA infections reduces all *S. aureus* infections
- MRSA is a marker for ability to contain transmission of important pathogens
- Programs that prevent MRSA transmission will likely reduce patient-to- patient transmission of other epidemiologically important healthcare pathogens

Hidron et al. Infect Control Hosp Epidemiol 2008;29:996-1011 Klevens et al. JAMA 2007;298:1763-71

# \*Contact Precautions when entering the patient's room:

- A. No PPE after hand hygiene if staying in "view only zone."
- B. Hand hygiene, use gloves but no gown unless CRE patient.
- C. Hand hygiene, use gloves and gown plus mask if MRSA patient.
- D. Hand hygiene, use gloves & gown if anticipated contact with the patient who has ESBL.

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### Recovery of VRE from Hands and Environmental Surfaces

- Up to 41% of healthcare worker's hands sampled (after patient care and before hand hygiene) were positive for VRE<sup>1</sup>
- VRE were recovered from a number of environmental surfaces in patient rooms
- VRE survived on a countertop for up to 7 days<sup>2</sup>

<sup>1</sup> Hayden MK, *Clin Infect Diseases* 2000;31:1058-1065. <sup>2</sup> Noskin G, *Infect Control and Hosp Epidemi* 1995;16:577-581.



# Case 4

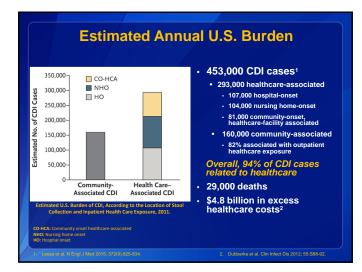
80 WF was admitted with several days of progressive weakness, poor oral intake, abdominal cramping and diarrhea. One month earlier she had completed a 7day course of Levofloxacin for pneumonia.

Exam: abdomen fairly soft but tender, BS diminished. Xray: distended loops of bowel with air fluid levels

What specific diagnostic test should be done?

Does this patient need isolation? If so, what precautions should be instituted?

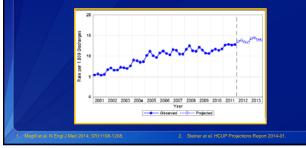


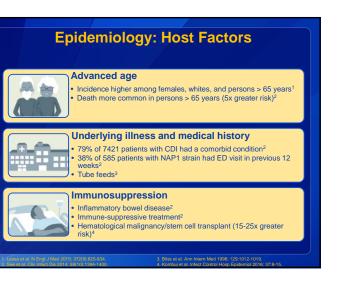


# **Healthcare Burden**

- C. difficile most commonly reported pathogen in 2011 multistate prevalence survey of healthcare-associated infections (HAI)<sup>1</sup>

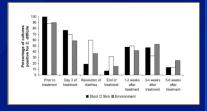
  - 12.1% of 452 HAIs caused by CDI
    Rates of CDI per 1,000 discharges have risen through 2013<sup>2</sup>





### **Contact Precautions (CP)**

- Contamination of the environment is highest prior to treatment<sup>1</sup>
- Presumptive CP, while CDI test results are pending, may be used as a special approach whenever indicated by risk assessement<sup>2</sup>



- Patients who have been treated may have asymptomatic shedding<sup>3</sup>
- Prolonging the duration of CP until discharge is a special approach based on evidence of continued shedding of spores after diarrhea resolves (especially up to 4 weeks after treatment ends)<sup>2</sup>

Isky et al. Clin Infect Dis 2008; 46(3):447-450 3. Sethi et al. Infect Control Hosp Epidemiol 2010: 31(1):21-2

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# \*Hand Hygiene appropriate for C.difficile patients:

- A. Alcohol foam before and after patient care.
- B. Soap and water wash before and after patient care.
- C. Alcohol foam when entering room, but soap & water on exiting room.
- D. B and C

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D. B and C



### \*Neutropenic Precautions include all except:

- A. ANC of <500 or 1000 and dropping.
- B. Mask before entering the room.
- C. Hand hygiene for everyone who enters the room.
- D. No plants, fresh fruit, or flowers.
- E. Gown and gloves not required for possible contact with the patient.

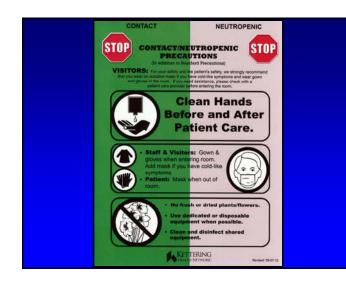
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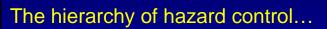


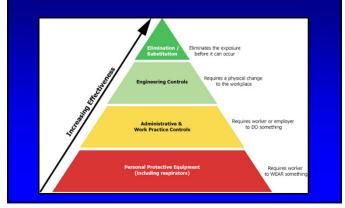














Dial hospital operator 24/7 to reach Infection Prevention and Control